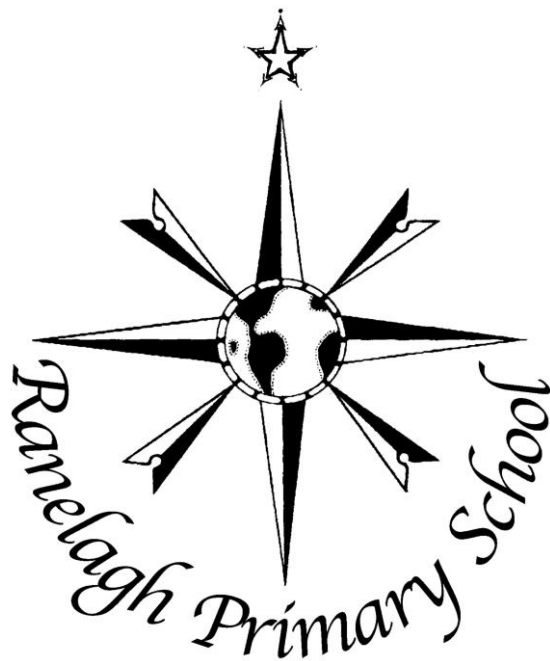


Physical Education Policy (PE)



Ranelagh Primary School, Physical Education Policy **Cultural and Moral Statement**

Through the Physical Education curriculum, Ranelagh Primary School strives to:

- Extend a child's emotional, intellectual and personal development, with a particular focus on their self-esteem and mental well being.
- Establish habits of participation and enjoyment in physical activities and develop an understanding of the long and short-term beneficial effects of regular exercise.
- Promote and encourage a healthy lifestyle.

Aims

We aim to provide all pupils with opportunities to:

- Develop confidence, tolerance and appreciation of peers, regardless of race, gender, culture and ability.
- Foster positive relationships between individuals and groups within competitive and co-operative situations.
- Develop physical co-ordination, confidence and competence.
- Appreciate the physical and psychological benefits of participating in physical activity whilst at school and throughout life.
- Develop positive attitudes towards health and physical fitness and to understand the effects of fitness on the body.
- Develop artistic and aesthetic appreciation within physical education.

Objectives

In order to access all children to a broad and balanced P.E curriculum, teachers for all key stages will employ a range of teaching methods.

These will include:

- Individual, paired, group and whole class teaching.
- Competitive and non-competitive planning activities.
- Contact and non-contact activities.

All pupils will be given:

- Equal access to activities and resources.
- Opportunities to select and use resources, appropriate to their individual abilities and needs.

Through the delivery of Physical Education, all pupils will be involved in the process of planning, performing and evaluating in all areas of activity.

Pupils will be taught to develop positive attitudes through:

- Observing fair play.
- Honest competition.
- Good sporting behaviour as individuals, team members and spectators.

Organisation and Delivery

P.E will be delivered in terms of the National Curriculum and the Ranelagh Primary School Policy. The P.E co-ordinator is responsible for the monitoring and implementation of the P.E curriculum and the management of P.E resources.

Teachers in all key stages will need to plan, deliver and assess tasks appropriate to the Programme of Study in the appropriate Key Stage.

EYFS - Games, gymnastics and dance.

KS1 – Games, gymnastics and dance.

KS2 – Sports games – Football, Dodgeball, Badminton, Rugby, Athletics, Tennis, Cricket, Basketball and Rounders – gymnastics, dance, swimming, adventurous activities, outdoor activities.

From Nursery to Year 6 each class will have a P.E Curriculum overview for the year, containing the activities and skills that need to be taught that year. These are taught across three school terms.

Planning

Each class teacher will ensure that two sessions of P.E are delivered each week. Planning will be carried out in accordance with the whole school policy. The weekly plans will show:

- The learning objective.
- Appropriate challenge for the different groups.
- Vocabulary
- Resources needed.
- Teacher Focus i.e. Groups, paired and individual.
- Health and Safety issues that need to be taken into consideration.
- Inclusion – providing opportunities for all children to take part in the lesson.

Teaching

Teaching styles need to ensure a balance between:

- Grouped, paired and individual working.
- Competitive and non-competitive activities
- Contact and non-contact sports.
- Development of skills and tactical understanding.
- Independent learning.
- Vocabulary – opportunities for students to explain what they have learned and why, using subject related vocabulary.

Recording and Assessment

Formative assessments are used to collect evidence of attainment in Physical Education. This should include discussion, questioning of the children and self-evaluation of the children, their own performance and the performance of others.

The assessment of attainment in Physical Education is a continuous ongoing process. Class teachers will assess the children's attainment in Physical Education each term. When assessing children's work in Physical Education, the following should be considered:

PE Skills:

- Accuracy
- Efficiency
- Adaptability
- Ability to do more than one thing at a time
- Team work
- Agility
- Stamina to sustain participation
- Imaginative performance
- Understanding

Teacher's summative assessments of PE (at the end of the each term, indicate which children are working at: Emerging, Expected and Exceeding for that particular year group).

Staffing and Resources

The role of the P.E Co-ordinator is to monitor all aspects of the physical education curriculum, throughout the school. To ensure all staff are knowledgeable and confident in all areas of Physical Education, and to provide opportunities for all staff to develop their subject knowledge. To support staff in their teaching and planning of PE. To ensure there is a variety of PE related after school clubs and to coordinate sports competitions.

The class teacher is responsible for the teaching of P.E in dance, gym, games, and athletics. Outside agencies will assist in the teaching of swimming, residential outdoor and adventurous activities and coaching in school in P.E lessons and after school sports clubs.

A PE timetable is structured to allow each class to meet the allocated time per week for the teaching of PE either in the Top Floor, Red Pitch, KS1 Playground and KS2 playground.

The P.E resources are located in the P.E cupboard which is on the top floor and the shed in the KS2 playground and in the Red pitch. The large gymnastics apparatus is located on the top floor hall. Resources and the delivery of the P.E curriculum will be monitored by the P.E co-ordinator.

Sports Funding Grant

The Government have agreed to provide schools with an additional funding for physical activity. The allocation of money received is ring-fenced and is in addition to what the school would usually spend on PE from the school budget. The spending of the money is planned for with an action plan in place. The PE coordinator and a member of the leadership team are responsible for this and as a school this is

accountable to the DFE through OFSTED. References to the provision of PE are outlined on the school website to allow parents to compare sports provision between schools, both within and beyond the school day.

Special Education Needs (SEND)

In P.E every child, regardless of ability, is entitled to access the full P.E curriculum. Whenever possible provision should be made for pupils with SEND. In cases of severe disability all efforts will be made to provide suitable activities in P.E, in collaboration with the Inclusion Team.

Multi-Cultural Statement

Positive efforts will be made to ensure that the school's P.E curriculum reflects the wide cultural population at the school and environment, through all learning experiences and use of resources. Class teachers should be aware of certain religious observances, where children may be fasting, and any effects that this will have on their well-being. Any exclusion from PE has to be supported by written evidence from a parent/carer or medical note.

Equal Opportunities

It is the policy of Ranelagh Primary School, that all children will receive access to curriculum, irrespective of race, gender, culture or ability.

Parents

Clothing

Parents will be required to provide an appropriate change of clothing for all physical education lessons. Clothing should not inhibit movement.

- PE: Trainers or plimsolls, shorts and a white T-shirt, tracksuit or leggings. Bottoms should be black or navy blue.
- Outdoor and Adventurous Activities: Trainers, black shorts and a white T-shirt, tracksuit or leggings. Bottoms should be black or navy blue. Appropriate Outdoor clothes for residential activity week.

Jewellery

All jewellery and watches must be removed from all P.E lessons. Children will not be allowed to participate in Physical Education lessons whilst wearing jewellery, including ear studs unless they are covered.

Withdrawal from P.E lesson

Any exclusion from PE has to be supported by written evidence from a parent/carer or medical note.

Queries

If parents have any queries about Physical Education lessons they should make an appointment with the class teacher or the P.E Co-ordinator.

Health and Safety

Equipment

The P.E resources are located in the P.E cupboard which is on the top floor and the shed in the KS2 playground and in the Red pitch. The equipment on the top floor is for all Key Stage groups. Gymnastics equipment is stored on the top floor, and is checked for safety once a year by a certified company. The equipment selected for the teaching of gymnastics should be chosen with reference to the age of the children. Children of all ages should be taught to assist in setting up the equipment, by lifting, carrying and placing safely. All staff will be trained in how to use and set up equipment safely. The P.E co-ordinator is responsible for monitoring the condition and safety of the P.E equipment. Should staff have any concerns regarding the safety of the equipment, these should be reported to the P.E co-ordinator immediately.

Supervision

Physical Education lessons **MUST** be supervised at all times. Whilst supervising the lesson the class teacher should be in a position where he/she can see the whole class. It is very important to maintain high levels of discipline at all times in Physical Education lessons, to avoid unnecessary accidents. Trainee teachers should be supervised by class teachers.

Accidents

Should an accident occur, the injured party should be seen by a qualified first aider. The injury will be assessed and any necessary action will be taken. The accident must also be written in detail on an accident report form by the class teacher. All Injuries should be reported to parents and the school's health and safety leader.

Please refer to the school's health and safety policy for additional information.