Personal Social and Health Education (PSHE) and Citizenship (PSHCE) Policy



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Aims and Objectives

At Ranelagh Primary School, Personal, Social and Health Education (PSHE) and Citizenship (PSHCE) enables our children to become healthy, independent and responsible members of society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. They learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

Our aims are to enable the children:

- To recognise their own worth;
- To work well with others;
- To develop positive relationships and respect for others;
- To understand our common humanity, diversity and differences;
- To know and understand what constitutes a healthy lifestyle;
- To develop safety awareness;
- To be positive and active members of a democratic society;
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social choices;
- To form good relationships with other members of the school and the wider community.

Teaching and learning styles

We use a range of teaching and learning styles, including all the children in activities such as discussions, role play, games, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open day, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or

behaviour. Children have opportunities to meet and work with members of the community, such as health workers, fire fighters, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children take in different roles of responsibility during their school life.

PSHE and Citizenship curriculum planning

We teach PSHE and citizenship in a variety of ways. Most of the objectives are taught across the other areas of the school's curriculum e.g. RE, Assemblies, Circle Time, Science and the 'hidden curriculum;' attitudes and expectations of behaviour promoted by adults in the school.

We also develop PSHE and citizenship through activities and whole-school events e.g. the school council representatives from each class meet regularly to discuss school matters, Key Stage One and Two visit places of worship alongside school visits throughout the year in every year group.

PSHCE is delivered in conjunction with the RSHE policy. See RSHE for further information.

Foundation Stage

We teach PSHE and Citizenship in the Foundation Stage as an integral part of the topic work covered during the year. We relate the PSHE and Citizenship aspects of the children's work to the areas of learning set out in the Foundation Stage guidance to develop a child's personal, emotional and social development. We also support Citizenship Education in the Foundation stage through other areas of learning such as Knowledge and Understanding and Communication, Language and Literacy.

Teaching PSHE and Citizenship to children with special educational needs

At Ranelagh Primary School, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children, including those who are gifted and talented or have learning difficulties. When teaching

PSHE and Citizenship we take into account the targets set for the children in their Learning Plan.

Assessment and recording

Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising their self-esteem. A variety of approaches to the assessment of individual achievement will therefore need to be practiced by teachers. Teachers need to exercise caution in judging the individual performance of pupils, in terms of attitudes, values and behaviours apparent, as their own will undoubtedly have an influence on this process.

Achievements of pupils in PSHE and Citizenship are reported to parents during the year.

Resources

Staff use the objectives from the skills grids provided. These come from the National Curriculum and are used to plan PSHE and Citizenship lessons. The school has a range of books dealing with aspects of PSHE including bereavement, healthy food and making the correct choices. We also have the 5R's displayed in every classroom as well as class rules demonstrated, school council posters for different occasions, games and resources from the SEAL pack e.g. feelings fans.

Monitoring and review

The PSHE and Citizenship Co-ordinator is responsible for monitoring the standards of children's work and the quality of teaching. This person supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further improvement are discussed with the head teacher and colleagues and feedback is given to the Governors as part of the Head Teacher report.

Covid-19

At Ranelagh we believe that PSHCE is a vital part of the children's education, especially during the current Covid 19 circumstances. Therefore, we ensure that PSHCE is delivered more discreetly on a regular basis, to ensure that children are equipped with the skills that they require to deal with during these challenging times. Children learn about the importance of good mental health and the strategies to achieve this. PSHCE is continued to be delivered as part of Home Learning too.