



Ranelagh Primary School Newsletter

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Autumn Term

15th January 2021



Thank you for all your support during these difficult times. All our teachers have worked tremendously hard to plan and deliver lessons that help your child to continue learning. Systems are in place, reviewed and improved weekly.

At the beginning of February, you will be invited to virtually meet with your child's year group teachers for a chat about what is working well and what we can do to improve the home learning provision.

Again, thank you for all you are doing.

Newham Library Services During Lockdown

Having the time to read is one of the more positive aspects of learning from home. If you need to borrow reading books, then please use this service.

You can: Select and collect books to borrow
Please follow the link here

www.newham.gov.uk/libraries

Location	Day of the week	Time
Beckton	Tuesday and Wednesday	4 - 7.45pm
Canning Town	Monday and Friday	4 - 7.45pm
Custom House	Thursday	4 - 7.45pm
East Ham	Monday and Friday	4 - 7.45pm
Forest Gate	Tuesday and Friday	4 - 7.45pm
Manor Park	Monday and Wednesday	4 - 7.45pm
Plaistow	Wednesday and Thursday	4 - 7.45pm
Stratford	Tuesday and Thursday	4 - 7.45pm

Dates for Your Diary

Virtual Coffee Mornings

The week beginning 1st February, parents and carers will be invited to a coffee morning with their year group. You will be able to discuss a range of things to do with Lockdown 3.0. Details will be sent soon.

Half Term Break

Friday 12th
February to
Monday 22nd
February 2021

World Book Day

Friday 5th March
2021

Newham Educational Psychology Service



Parent Advice Phone-In with an Educational Psychologist (EP)

The EPS Parent Advice sessions are offered to any Newham parent or carer who would like to discuss concerns about their child with an educational psychologist (examples may include: your child's emotional well-being, challenging behaviours, learning progress, your relationship with your child or some of your own worries). The sessions aim to be supportive, confidential, and informal. Each session is 40 minutes.

Please note these are stand-alone, one-off sessions that do not result in follow-up work. They are free sessions and open to all parents and carers of Newham children and young people. There is no criteria or threshold to access these sessions.

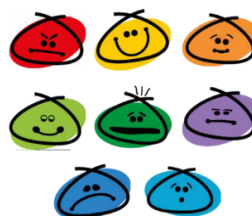
Sessions will operate monthly on:

Tuesday 26th Jan 23rd Feb 23rd March 2021

To book a session between 10am and 12 email or phone

sarah.parkinson@newham.gov.uk 07976 733536

Book early to avoid disappointment



Who are Educational Psychologists? Educational psychologists are trained psychologists, registered with the Health and Care Professionals Council (HCPC) with enhanced DBS checks. We work with children and young people aged 0-25 years of age in partnership with young people, families, schools, practitioners, services and voluntary agencies. EPs offer focused support informed by sound psychological theory to bring about positive change. The aim is to promote and facilitate the educational, social and emotional development of children and young people.

What do Newham Educational Psychologists do? Newham's Educational Psychology Service (EPS) offer psychological services including consultation, advice and training. Newham EPS input aims to support children and young people to help facilitate their development, including improving learning, understanding their own learning needs, identifying, managing and exploring their emotions, regulating their behaviours, developing their communication and interaction skills and forming and maintaining positive peer relationships. Working with adults who support young people is central to our model of working.



Word of the week

Underestimate

Our Remarkable Certificate Winners

Class	Name	Name
NAM	Wasif	Paula
NPM	Sarah	Rayan
RG6	Latim	Ibrahim
RG8	Saeed	Viktor M
1G2	Amelia	Afia
1G3	Blake	Harper
2M7	Safiya	Malak
2M6	Anastasia	Ahmed
3M2	David	Isha
3M4	Laker-Gen	Aijaz
4T4	Arnas	Amulya
4T3	Shaen	Malika
5T9	Alia	Rhys
5T6	Sasha	Chanelle
6T5	Ema	Ryan
6T8	Krasimir	Rebeca

MoneyWorks Emergency Loan

If you have an extreme emergency and there is no other way for you to get help, you may be able to apply for a MoneyWorks Emergency payment as a last resort. (It is important to understand that this payment loan will have to be paid back).

This loan will help relieve some of the extreme financial pressure on families in Newham during the pandemic.

For further information contact MoneyWorks on 020 8430 2041 or email moneyworks@newham.gov.uk




Prevent eyestrain 20 -20 - 20

As learning becomes digitally based over the coming weeks, remember this simple rule to prevent eye strain. Basically, every **20** minutes spent using a screen; you should try to look away at something that is **20** feet away from you for a total of **20** seconds.

Wellbeing

Some great resources here – to start conversations with your child, keep them entertained and inspired, and encourage you to enjoy quality time together as a family .

<https://www.place2be.org.uk/our-services/parents-and-carers/coronavirus-wellbeing-activity-ideas-for-families/>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Baked Sausages with Mashed Potatoes	Minced Lamb & Vegetable Pie with Chips	Roast Lamb & Yorkshire Pudding with New Potatoes	Chicken & Korma with Rice	Fish Burger with Jacket Wedges
Vegetarian	Vegetable & Lentil Curry with Rice	Tuscan Vegetable & Mixed Bean Pasta Bake	Cheese & Tomato Pizza	Macaroni Cheese with Focaccia	Veggie Keema with Naan Bread
Side Dishes	Mixed Vegetables Garden Peas	Sweetcorn Broccoli	Fresh Seasonal Vegetables	Green Beans Roast Peppers	Baked Beans Garden Peas
Dessert	Rice Pudding with Jam 	Raspberry & Coconut Slice with Custard 	Chocolate & Mandarin Mousse	Lemon & Banana Cake with Custard 	Waffles with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread				