

MORE WAYS TO PLAY IN NEWHAM

Whether it's with friends or with family, discover a world of free fun this school holiday.

Scan the QR code or visit better.org.uk/better-newham to book.

FREE ACTIVITIES



BETTER



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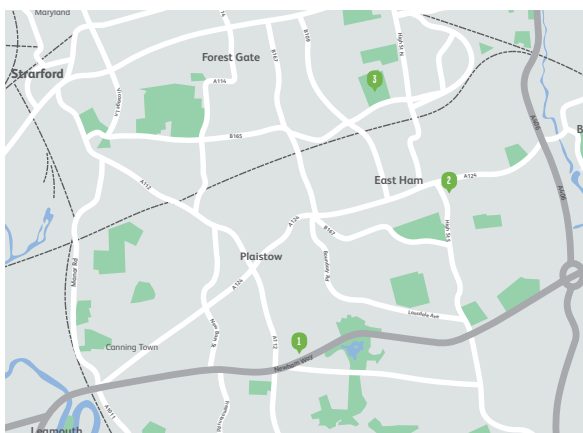
MORE WAYS TO PLAY

Looking to keep your kids active and entertained during the holidays?

Enjoy a range of free sports and physical activities in your local parks and leisure centres this half term. From **28th October to 1st November**, you'll discover more ways to play, with a variety of **free**, fun multi-sport activities such as football, basketball, cricket and much more designed just for you and your community.

DAYS	AGES	TIMES	LOCATION
Monday - Wednesday	5 - 11 Years	12pm - 2pm	Plashet Park
Monday - Wednesday	12 - 18 Years	2pm - 4pm	Plashet Park
Thursday - Friday	5 - 18 Years	12pm - 4pm	East Ham Leisure Centre
Monday - Friday	5 - 18 Years	12pm - 4pm	Newham Leisure Centre

For a full range of activities available during the holidays visit better.org.uk/better-newham



1. Newham Leisure Centre

281 Prince Regent Lane,
E13 8SD

2. East Ham Leisure Centre

324 Barking Road, East Ham
E6 2RT

3. Plashet Park

Plashet Road, E7 8AJ

 [gll_communities_newham](https://www.instagram.com/gll_communities_newham)

 [Newham_Better](https://twitter.com/Newham_Better)

Email: ActivecommunitiesNewham@gll.org

Pre-booking of activities is required. Membership required for booking. Children under 5 must be accompanied by an adult. Free membership is only available to residents of The London Borough of Newham, proof of eligibility may be required. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398.